



## **VIU PE Conference Presentation**

This is the letter confirming my presentation at the Vancouver Island University PE Conference on April 2<sup>nd</sup>, 2015. At this conference I gave an hour-long presentation on the integration of technology and video games into physical activity.

I chose this evidence for standard 8 because this presentation was given to current Bachelor of Education and Physical Education students at VIU. Many of my cohorts had expressed concern about their ability to engage their students in daily physical activity when their minds always focused on their devices or video games. My presentation gave the attendees methods for integrating these into their lessons or how to encourage students to use them at home.

Standard 8 is important to me as a new teacher because one of the best ways to learn is from each other. We can all attend conferences, read books, and watch videos, but one of the most effective ways to grow as a teacher is to collaborate and learn from your colleagues as they are there for more than a session to guide you through the learning.

***“In what ways do you collaborate and share knowledge with your colleagues?”***